

# Consequences characters

## A great tool to use if you would like to:

Balance power within a group

Introduce the idea of 'characters' to the group

Have a good laugh- it is a nice icebreaker

## You will need

- Printed tool
- Pens and pencils



## How to use the tool

Consequences characters is an activity that can be completed before developing characters or personas, as a way of loosening up the groups' creativity and introducing the idea of a fictional character. It is a good tool to use as a warm up exercise, ice breaker or precursor to building a persona or character as a group.

### Idea for using this tool

- In groups of three or more, give each person a consequences sheet.
- Instruct everyone to draw a head of a person in the top section of the page, and on the right hand side to write down information about what their character 'knows'. This could be focused on a particular characteristic e.g. what they know about their diagnosis. It could also be more general e.g. what their interests are.
- Ask everyone to fold their piece of paper so that the head they have drawn is no longer visible. When everyone has finished, ask them to pass their character to the left.
- Everyone should have a new sheet, and not be able to see what the previous person has drawn.
- Then ask everyone to draw a body, and write down how their character feels. Get them to fold their piece of paper so that the body they have drawn is no longer visible. Ask them to pass their character to the left.
- Everyone should have a new sheet, and not be able to see what the previous person has drawn.
- Ask everyone to draw some legs on their character to complete the body. When this is done, get them to write down their character's supports and assets.
- When complete, unfold the page and reveal the quirky characters. Stick them on the wall so the group can see the all the characters. This will help to foster a sense of fun, exploration and creativity among the group.

## DISCOVER

**What do they know?**

**How do they feel?**

**What do they stand on?**