

~~Keeping it Personal~~  
*Keeping it Personal*

**GLO Centre, Motherwell  
Wednesday 4 June 2014,**

<b>Timings</b>	<b>Programme</b>
1000-1015	Welcome and overview of day
1015-1040	Connecting up
1040-1100	Recap on last session and goals for today
1100-1125	Last session's homework: sharing our reflections on person-centred care
1125-1135	<b>SHORT COMFORT BREAK/CUP REFILL</b>
1135-1210	Person-centred care and support- what's your definition?
1210-1255	<b>LUNCH</b>
1255-1310	Effective communication
1310-1400	What's important to you?
1400-1500	Moving things forward
1500-1520	Homework for next session
1520-1530	Feedback and evaluation