



What we hope to achieve

1. Staying positive and well
2. Reduce peoples' levels of anxiety- esp. at diagnosis
3. Sharing experiences and perspectives, making connections and learning from one other (genuine co-production)
4. Reducing red tape to help everyone
5. Improving peoples' experiences *now/quickly*
6. Helping people maintain their identity/re-find themselves - based on what is important to them and for bad as well as good days
7. Raise awareness of community resources
8. Ensure good quality and up-to-date information is available; with better sharing of information with families
9. Support for family/carers and friends- physical and psychological
- 10.Reduce/interpret jargon and communicate clearly
- 11.Streamline pathways and improve continuity
- 12.Identify needs in GP surgeries and how I/we can help.