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health and
social care for
older people.**



Staff Training for Reablement of Older People

What are the strengths and weaknesses of West Lothian's reablement training and how can we support further development of a reablement approach for older people?

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Overview

West Lothian Council has recently changed the role of their personal care workers to join an established reablement team. The focus of this group is to provide a reablement model of care at home and supply a new crisis care service. This is in keeping with the Scottish Government's goals as outlined in Reshaping Care for Older People: A Programme for Change Report 2011-2021. This report identified the need to provide an inclusive service for older people which values them as citizens and provides opportunities for them to have a say in their care.



Findings

Strengths of the training

- Increased self-confidence for staff and improved job satisfaction amongst the workforce.
- Improved problem-solving skills.
- Opportunities for reflective practice.
- Strengthened communication skills.
- Improved outcomes for service users.

Perceived barriers to delivering a reablement service

- Logistics of service delivery including distance and transport options.
- Continuity of service delivery.

Future training needs

- More training in the areas of dementia, diabetes and palliative care.