

# •IRISS•

Reablement. *Second step.*

- Summary of initial research
- Second stage research & meetings
- Personas
- Maslow pyramid - Swapping & sharing
- Concepts
- Work method - Next step



# Summary of initial research

# Four points

## Housing

Prioritizing  
housing  
is often  
prioritizing  
reablement.

*Time gap*

Success stories within reablement could motivate clients towards becoming more independent.

## Motivation

Care on the  
right time  
could limit  
the damages.

## Carer awareness

Promoting effective methods for carers will increase successful reablement.



# Second stage research & meetings

# Research: Questions to answer

# What are the social concerns of the elderly?

# What are the economic concerns of the elderly?

Why do some elderly people not claim the benefit they are entitled to receive?

What do  
residential  
homes  
provide?

How can houses  
be adapted to  
meet the needs  
of elderly  
people?

What benefits  
are the elderly  
entitled to  
recieve?

What does sheltered housing provide?

# Second stage research & meetings



# Personas



"Henry"

Carer for his wife she is 67. She is wheel chair bound after suffering from a stroke. She could walk after leaving the hospital. She didn't receive any further treatment and thus her condition worsened.



"Doris"

Carer for her sister who became paralyzed. Though the sister was mentally fit, she was stuck in her living room because of the vast cost of adapting her house. Ultimately Doris quit her job to take care of her sister.



"Anne"

Carer for her husband, who has dementia, and also other family members. She would like her husband to be more independent but feels she lacks the means to make this happen. Anne finds tremendous support from her carer group.



"Aisha"

She speaks very little english, she has a large support system within her family, and there is an issue of pride in keeping it that way. She is still quite phisically able but she is not really motivated towards reablement because she is uninformed.



"Bob"

Bob was kept in a hospital against his will after breaking his hip. After ten years in care Bob was seen as a lost case. It wasn't until a team of carers gained his trust Bob was put back in his own home and he is now fully integrated back into the community.

# Maslow pyramid

1

Understand the potential of the older people in the top of the pyramid.

Channel the potential of the older people and to transform it in resources for the bottom of the pyramid.

②

- *Self-actualization*

- *Esteem*

- *Love\_Belonging*

## Safety

- *Physiological*



Provided Care

# Swapping & sharing



## Swapping & sharing

Making the best possible use of the available resources through the exchange of skills, objects or services between different generations.



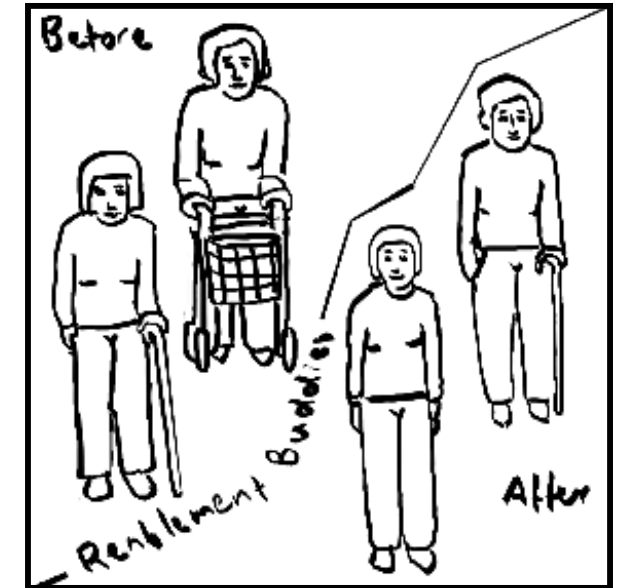
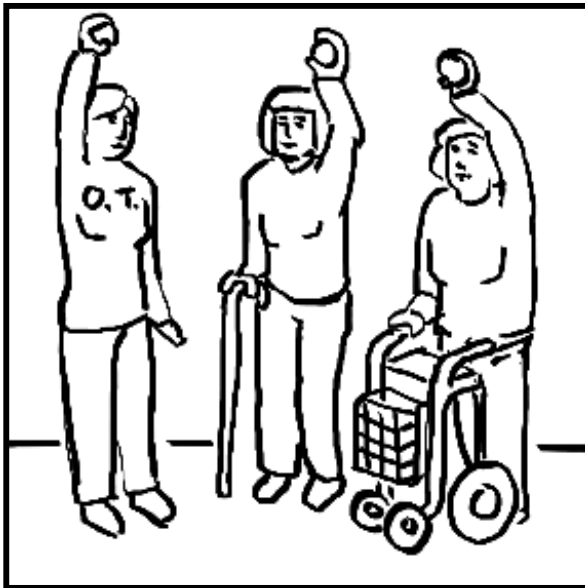
# Reablement Buddy





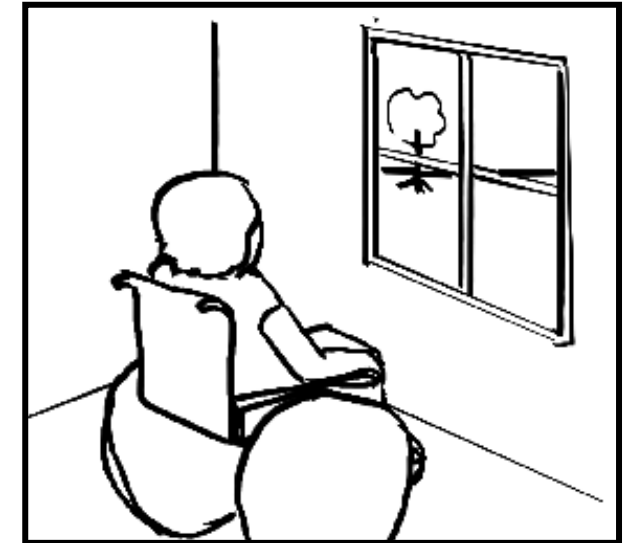
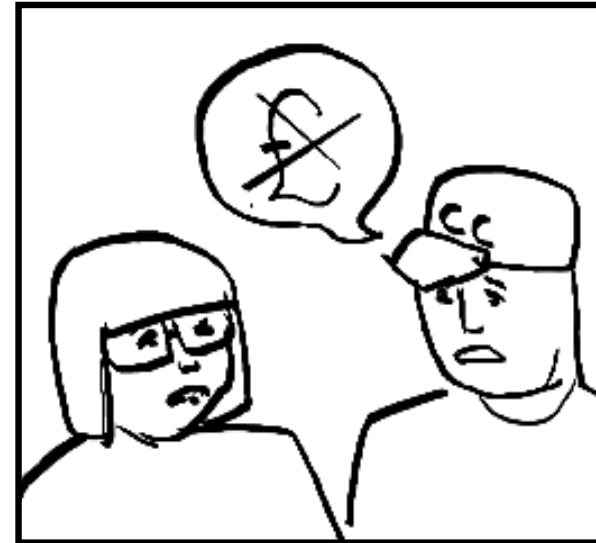
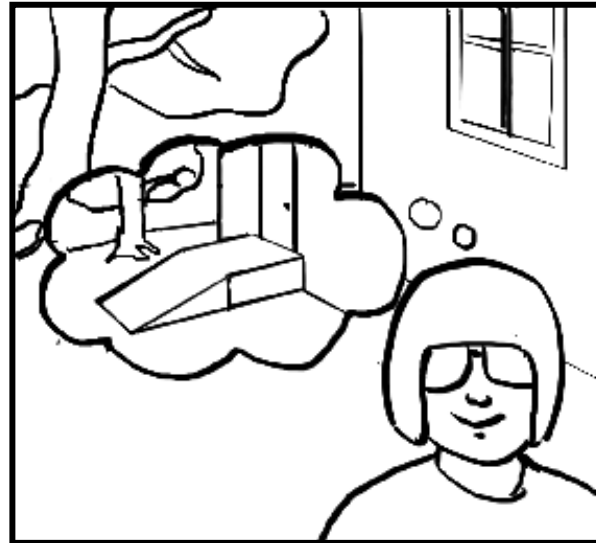
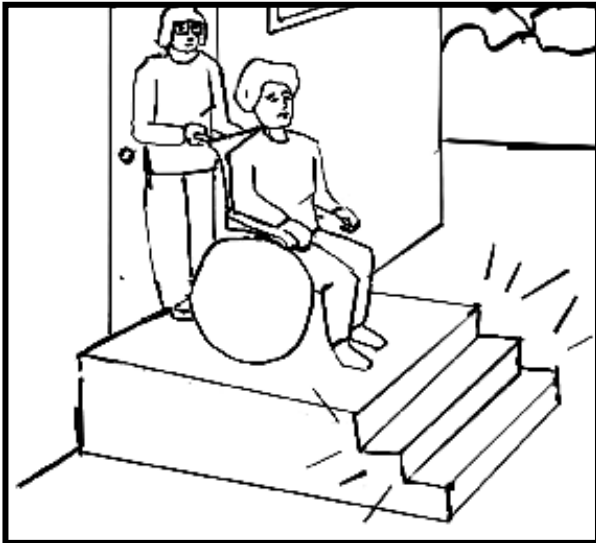
# Concepts

# Reablement Buddy



# Concepts

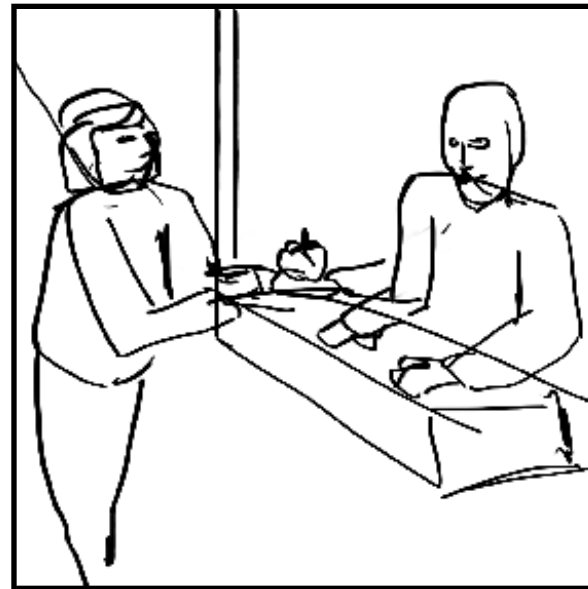
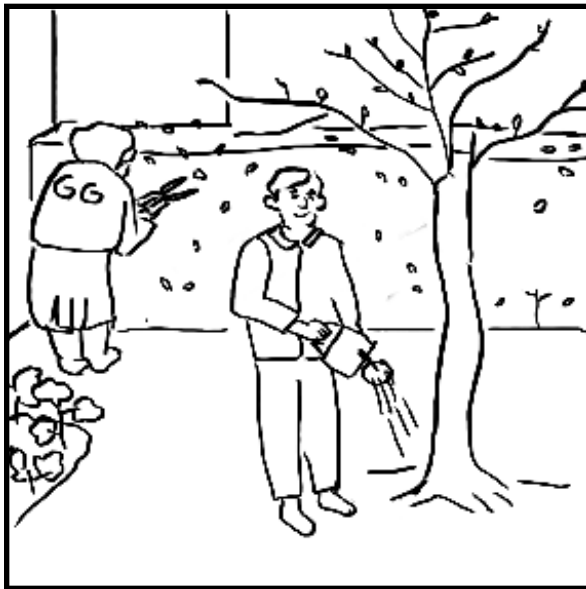
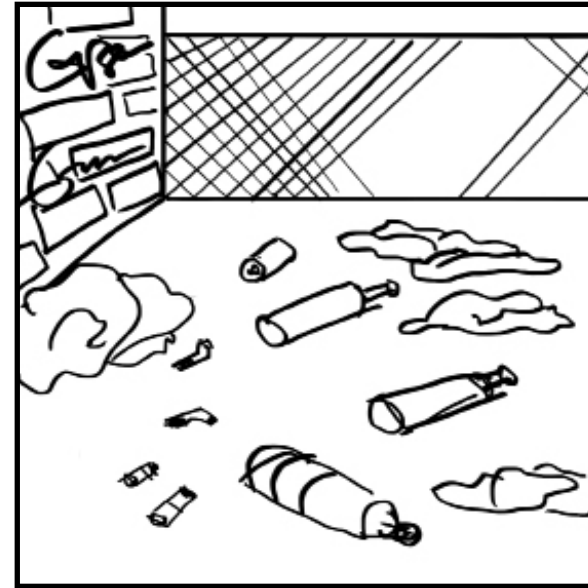
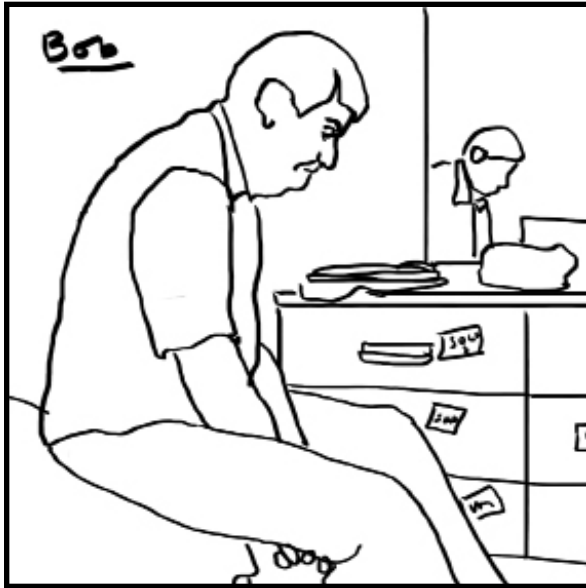
# House Swap





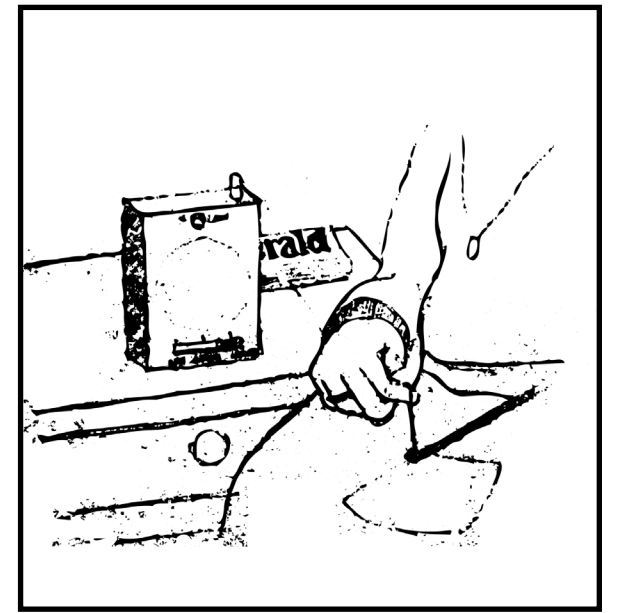
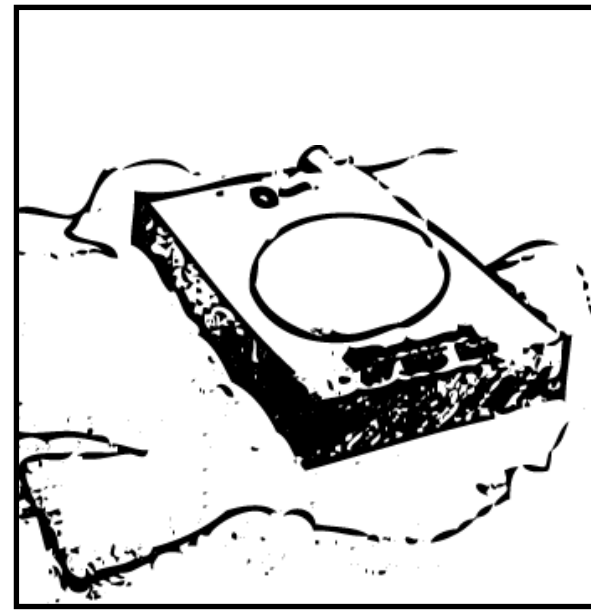
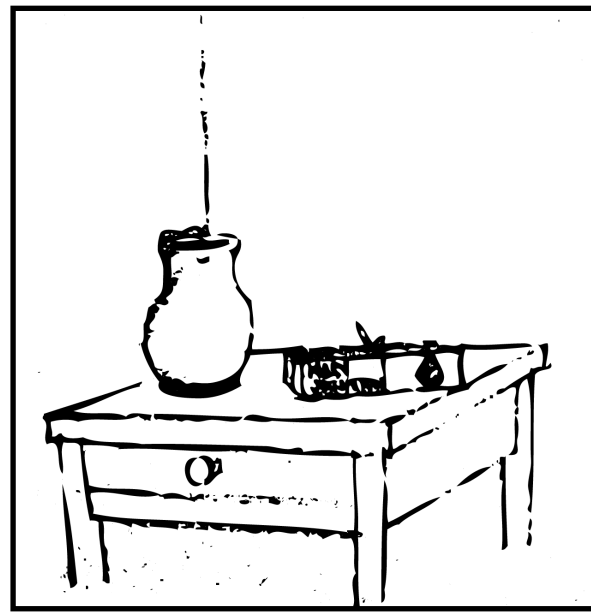
# Concepts

# Gardening



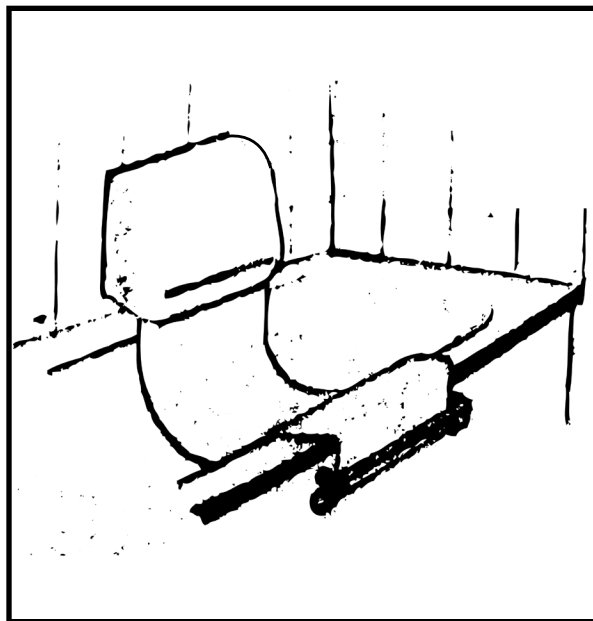
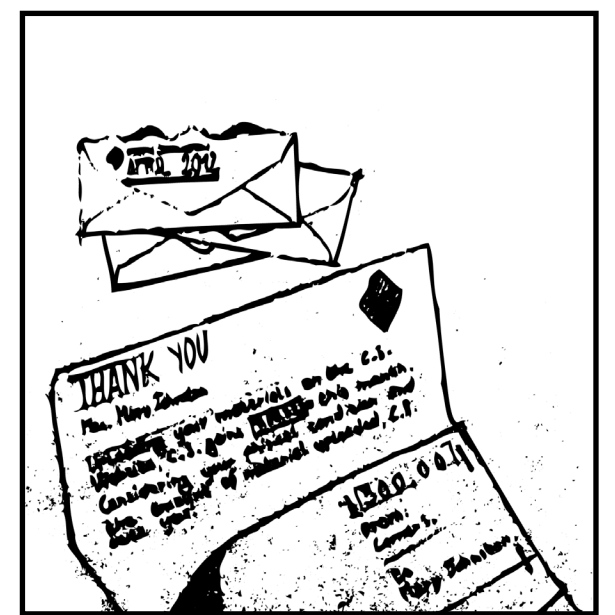
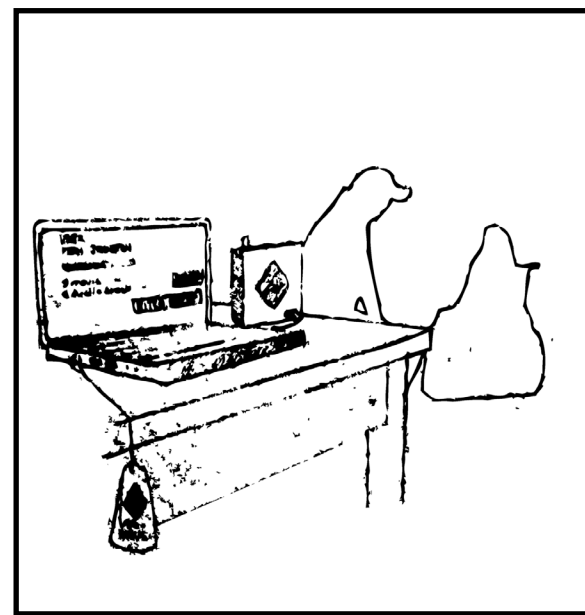
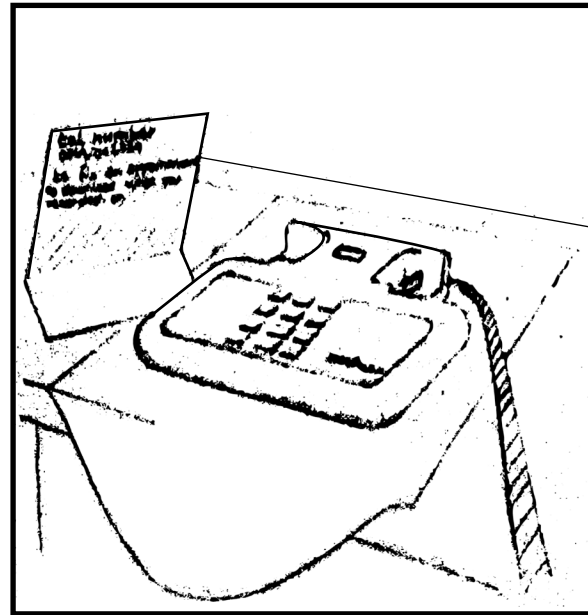
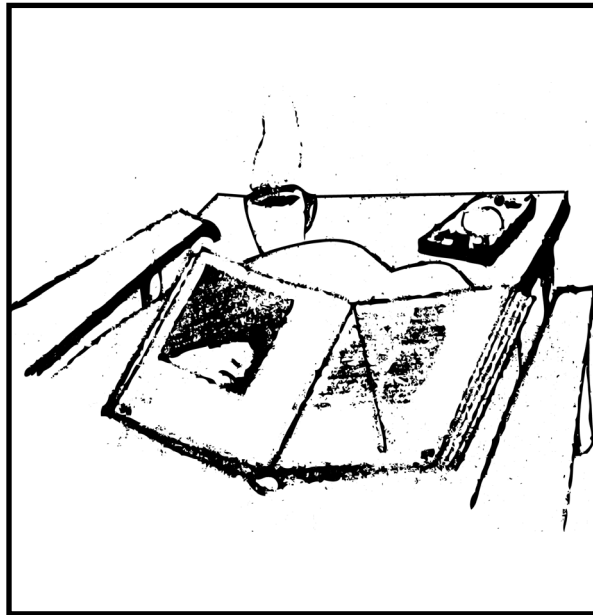
# Concepts

## Audio Recording



# Concepts

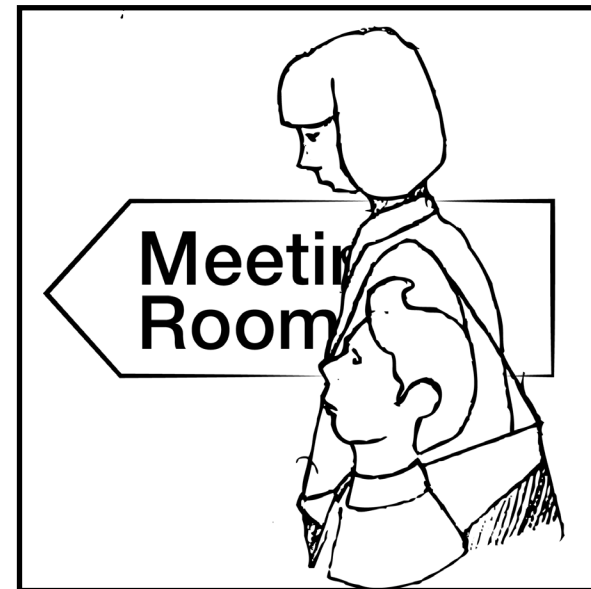
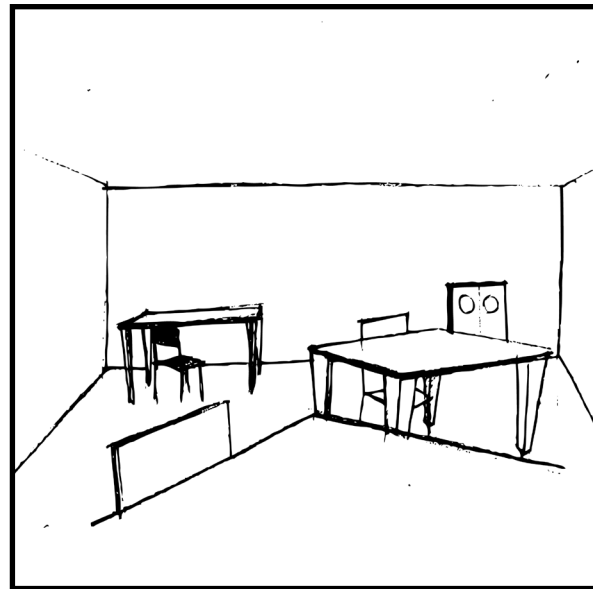
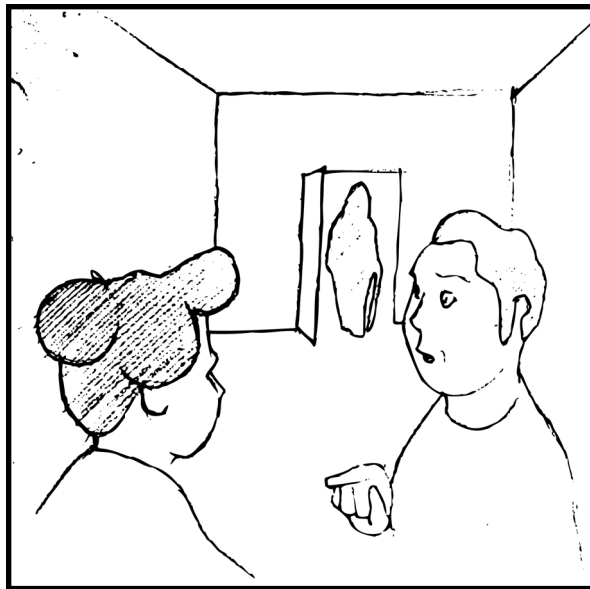
# Audio Recording





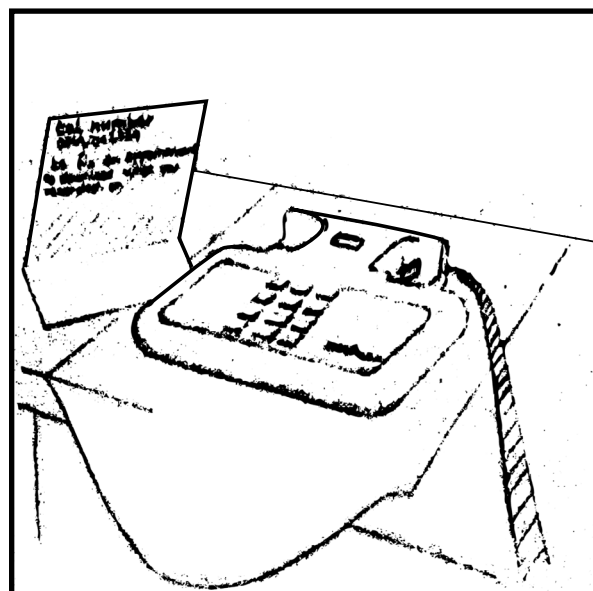
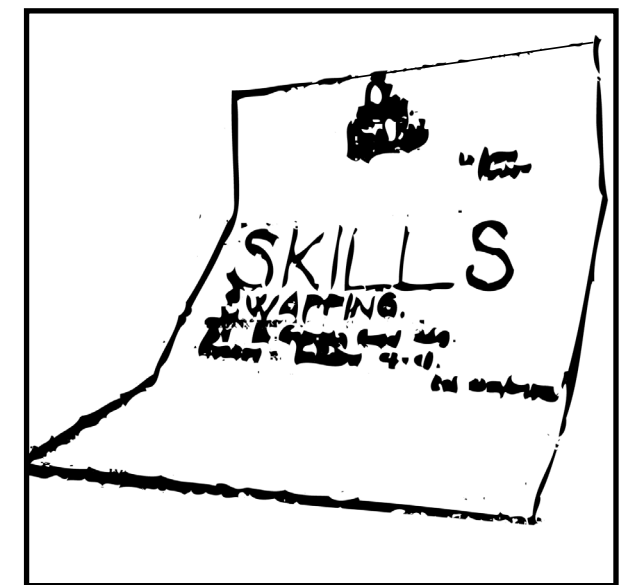
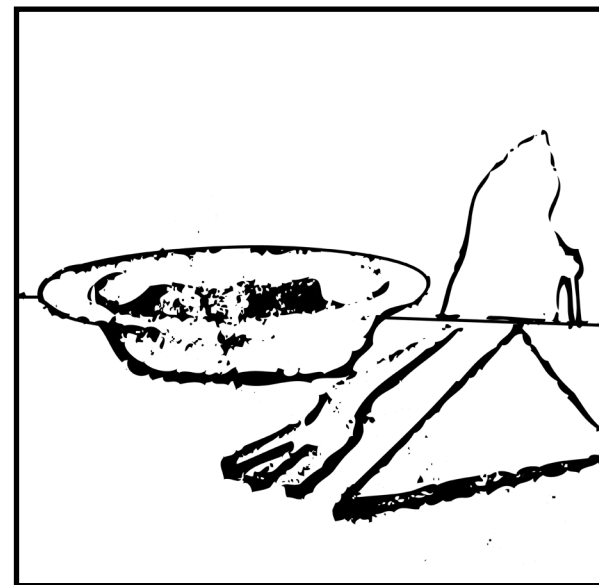
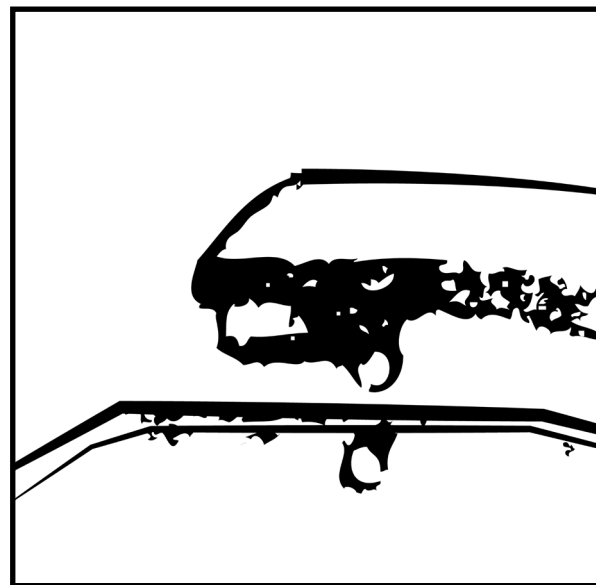
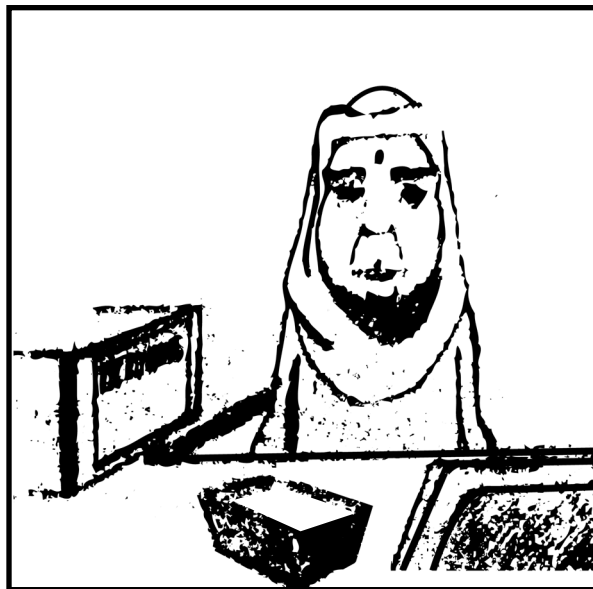
# Concepts

# Generation mixer



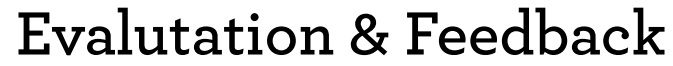
# Concepts

# Skill sharing





The illustration shows three beakers in a row, each containing a small amount of liquid. The first beaker on the left is empty. The middle beaker has a small flame on top of the liquid, with two small droplets falling from it. The third beaker on the right has a large, solid sphere on top of the liquid, representing a large flame or a reaction product.



*Reduce need for  
home care*

*Better quality of life*

# Achievieng

# Next step



Refine and evaluate our concepts with the help of our practitioner.

Codesign with users and practitioner.

Collaborate with other groups where our concepts overlap other themes.