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### Reablement. Third step.

- Concept we had
- Further research
- Concepts to take forwards
- Development of these concepts
- Next steps

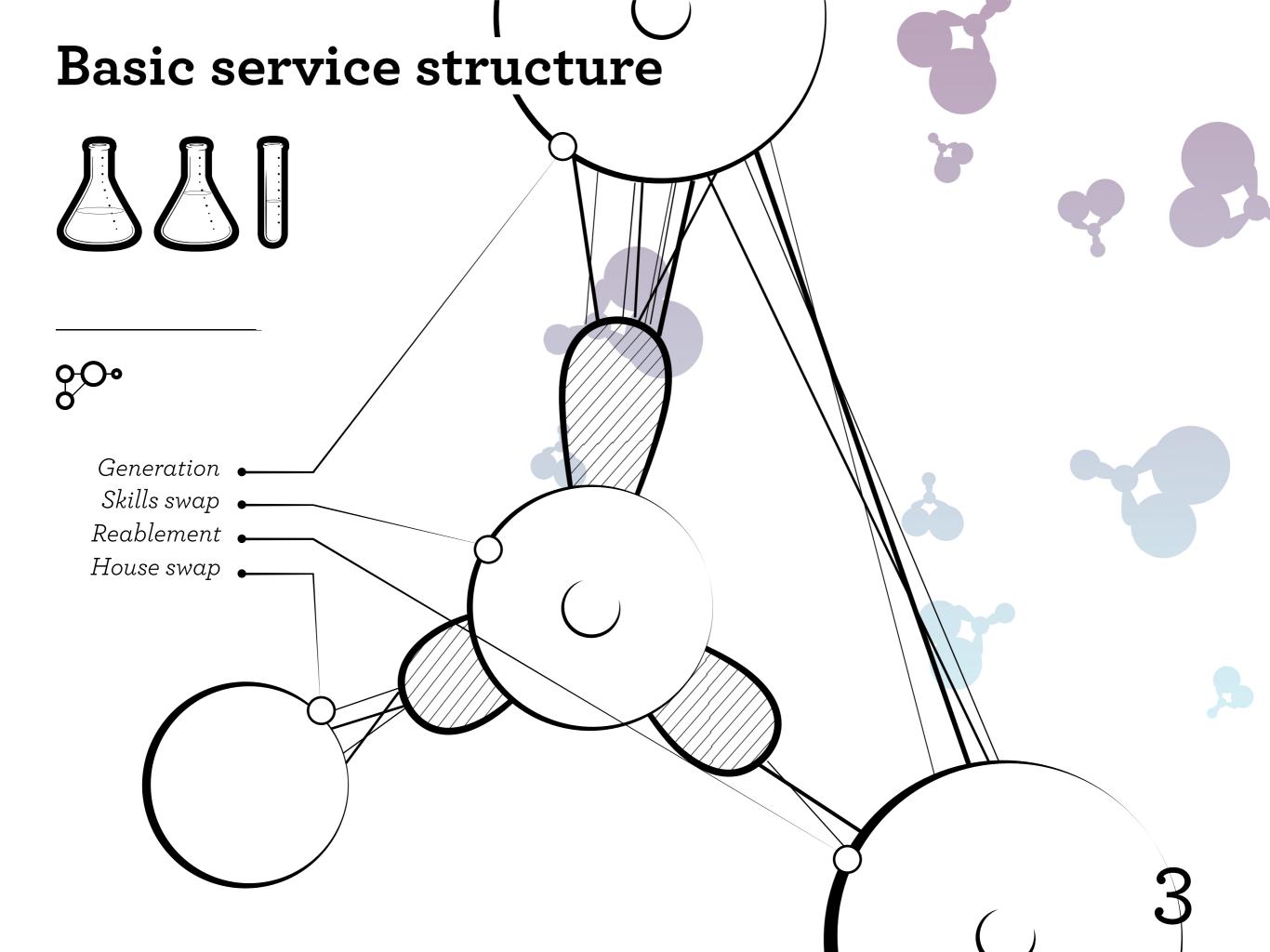
## Summery after second presentation.

### Concepts we had.

#### we had six concepts

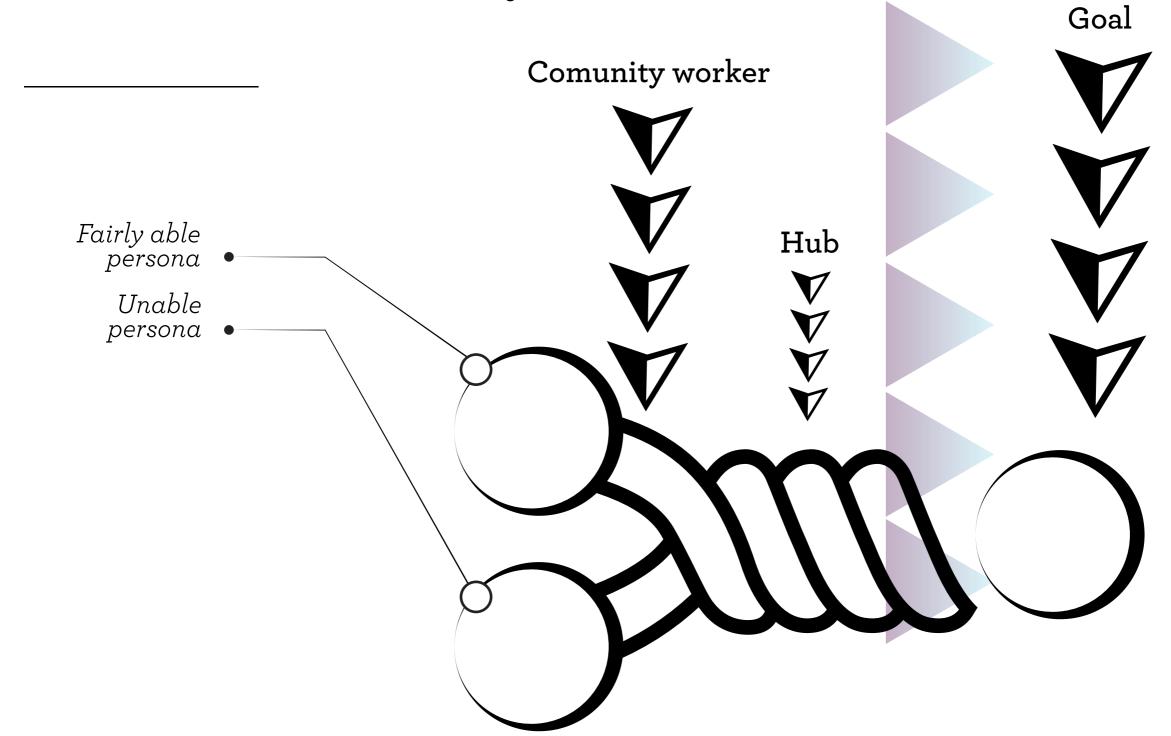
- Gorilla Gardening
- -House swapping
- -Genaration mixer
- -Reablement Buddy
- -Audio recorder
- -skills swap

After the last presentation we looked back at our concepts and dicided to cut a lot of them out, 1 because some of them could be rolled into one main concept and, 2 we were close to crossing over to other subjects, so we wanted to bring it back directly to reablement.



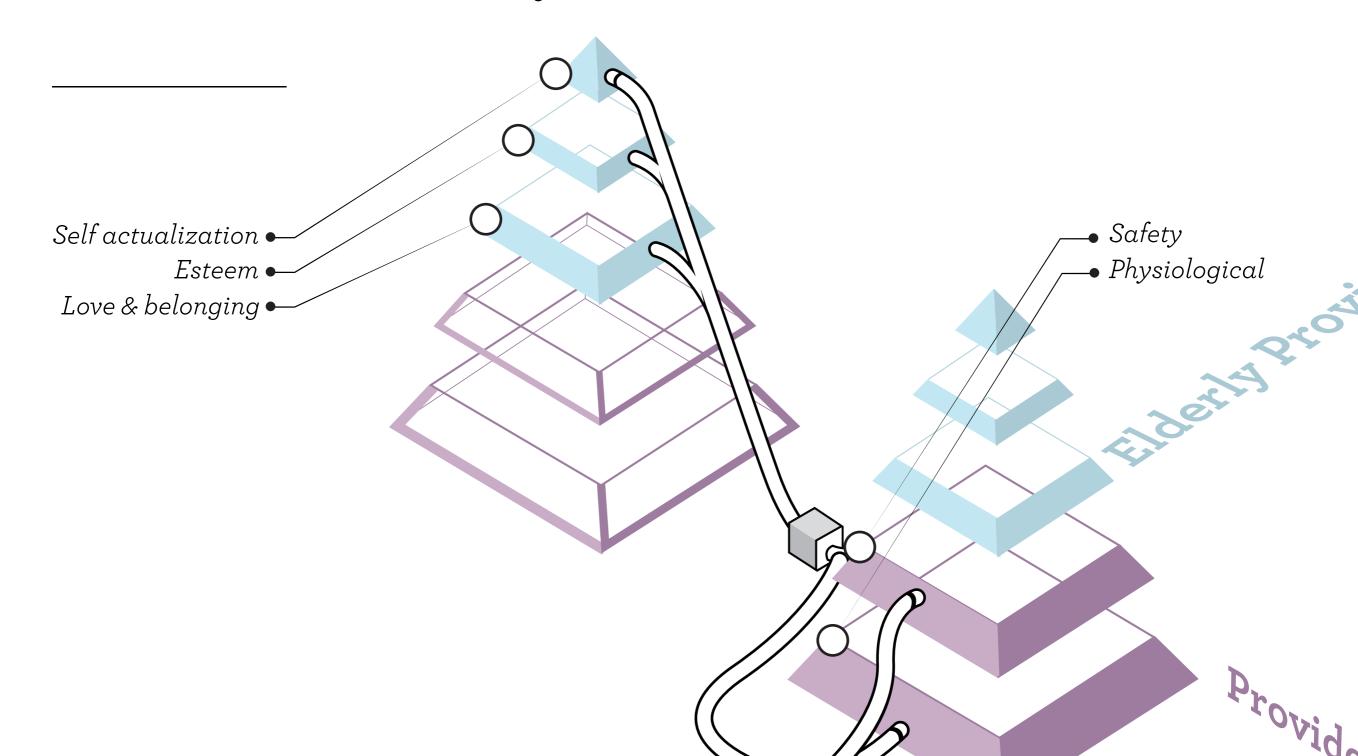
### Main concept to branch out from

Reablement buddy



## What would this deliver that's not already there?

Reablement buddy



## How do we get the maximum amount of people involved?

Type of Person/ Elder

Lots of people, very interactive

Lots of people to them, easy access

How to involve them.

Immobile Social

Mobile social

Challenging, Active

The Gossipy

Eventful, lots of people

Rich

Time Rich

Poor

Very Able

Higher quality
Value for money

c . c [ ]

Encouraging environment, Rewarding

reason they feel looked down on.

Semi Confidant

Able to occupy

Availability, flexible

Pushed for Time

Change idea of perception, appealing, attractive

Reserved and Proud

Change perception of self, Respect wanted, Invited, help with

Looked down on

Given the option, Invite them, peer pressure

Ashamed of themselves

Shy but wants to be included

Reassured, gain trust, change own perception,

Very unable

People go to them, Hospital wing, Carer, meals on wheels

The Invisible person

Seen at the shops, Carer/GP, Collecting prescription, Nursing

home

The Form

Anywhere

Access from home, local

A provider, Anywhere

"The Hub", Day center

A club

No perceived cost

Competition, Bonuses

A place they can stay

Comes to them

A club

Invited to come

Invited to come

Friendly group, comes to them

Within the hospital/home

"The Hub"

### Benefits, Problems and solutions.

#### Benefits

More creativity leading to more ideas and better results

Increased satisfaction

The opportunity to develop and acquire new skills

The speed at which things can be achieved

A support network that you can draw on

Support e.g. more experienced members

can help, mentor and develop the less experienced members.

"Two heads are better than one"

#### **Problems**

Social Loafing,

Social Loafing is the phenomenon of people exerting less effort to achieve a goal when they work in a group than when they work alone.

This is seen as one of the main reasons groups are sometimes less productive than the combined performance of their members working as individuals

#### Solutions

Careful preparation of group assignments and group members.

(Combat social loafing)

Setting S-M-A-R-T goals

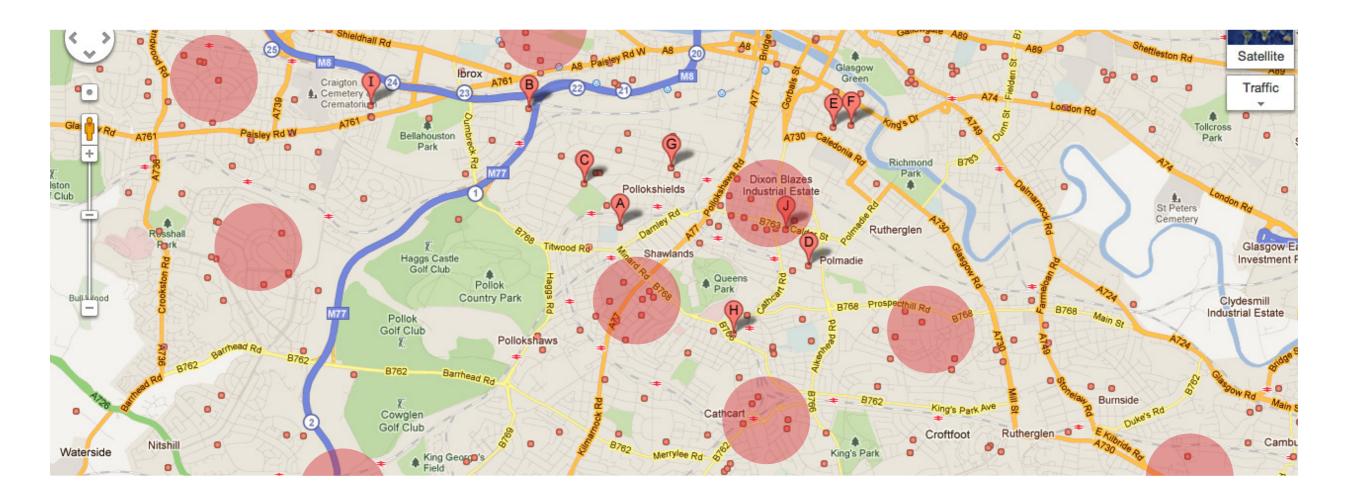
Understanding goals, and the reason the team has been created.

The manager should allow the pair to function without hovering over it, but will be fully involved

### Short term goals, stepping stones



### Possible areas in southern Glasgow





These show a 1km radius of high concentrated areas of schools. We should investigate these areas further to find the older generations within these areas. Could be good places to set up Hubs/Buddy services.

These smaller circles indicate schools, or nurseries within the south of Glasgow.

Buddy bus



Mobile meeting point

Reaching the "unreachable"

Relatively low initial cost



Experience dating



Speed dating format

Taking pressure off proffessionals

Opportunity to design structure

Creative goal setting



Developing existing goal setting

Holistic view, for better care

Cooperative process



### Next steps

Research the Developing Making it real for different parts of concepts further the south side the ideas